



## Let's get practicing!

Holidays are a great time for relaxation and practicing is sometimes a challenge to get going again. A break is okay, so let's get practicing again! Better start with a quick check we have the right person

My name is \_\_\_\_\_ and I play \_\_\_\_\_ (Check – is this you?)

### Get ready

Make sure that your instrument is clean of dust, valves and keys oiled if they need it, and you have a tuner if you need one. You can download a tuner app on your smart phone for free.

### Get started

Pick up your instrument and play a few notes. Don't try to play anything too difficult, just get to know what you should be hearing. Start with just a few minutes each day, and ease back into a routine.

### Get a plan

What exercises can you remember? See if you can write down three

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Hint: if you can't think of any, look in your music folder for clues, or make some up 😊

### Get a tune

If you have some music, see if you can remember how to play some of it. Or find a new tune.

### Get some help

Still not sure what to do? Email us with your name and phone number and we will give you a call and help you get practicing again. Parents and caregivers are also welcome to ask any questions you might have.

### Get in touch

Finally, we would love to share your stories, videos and photographs of how you practice. You can email them to [info@musicroom.org.nz](mailto:info@musicroom.org.nz) and if we are going to put your story on our website or Facebook page, we will be sure to check with you first.